

## Monday May 12th - Embracing the blessing

*Today's reflections are by Helena Wilkinson*

*You welcomed him with rich blessings and placed a crown of gold on his head. Psalm 21:3*

I love the opening of today's verse, don't you? Imagine God embracing David and as He does so showering him with blessings. The Message Bible says, 'You lifted him high and bright as a cumulus cloud, then dressed him in rainbow colours. You pile blessings on him; you make him glad when you smile'.

Think of the parable of the prodigal son and picture the father running down the road to greet his long lost child (Luke 15:20). He delights in him, orders the best of parties and spares no expense. In the same way God is so keen to bless you He runs to greet you and give you His very best.

Sometimes we try to chase after God's blessings rather than be open to whatever God wants to give us at the time. I'm learning to let go of the expectation that God will fulfill my 'wants' and instead enjoy whatever He has for me even if different from what I had anticipated. It's quite exciting! Why not keep a notebook and write down each day how God has blessed you.

Record: conversations; acts of kindness; changes in circumstances; unexpected visits; answers to prayer; etc. Your book will be a real treasure at the end of the year and a source of encouragement when faced with tough days.

*Lord, thank You for Your blessings and the 'crown of gold You place on my head' as I worship You. Amen.*